

## Championship

---

### Committee Members

Jim Clemmons, Chair; Erin Moro, Vice Chair

Robert Heath, Linda Irish Bostic, Cheryl Kupan, Mark Moore, Stephen Nichols, Jeff Roddin, Sandi Rousseau, Ed Saltzman, Pete Tarnapoll, Natalie Taylor

Ex-Officio: Christopher Colburn (EC), Jay Eckert, Ali Hall, Onshalee Promchitmart, Jeff Strahota (Associate)

### Introduction

The mission of the Championship Committee is to serve in an advisory capacity to national championship hosts and make recommendations and decisions that enhance the quality of championship meets for all registered U.S. Masters Swimming members; to actively solicit and receive bid proposals, review bids and select the sites for national championship meets; and support marketing opportunities for U.S. Masters Swimming Corporate Partners.

### Narrative related to the 2020 COVID-19 pandemic

Due to the health crisis environment that began early in the year and is continuing, both Spring and Summer Nationals were cancelled. Arriving at this decision was difficult for all parties involved. A significant amount of work had taken place for both events prior to the decisions being made to cancel. The work necessary for the Spring, San Antonio, meet had been completed. A good portion of the work for Summer, Richmond, had been completed and the balance was well underway. The National Office and the Committee worked with the hosts to reschedule the two affected events into 2022. Due to these cancellations and the shortened SCY and LCM seasons, National Qualifying times will not be utilizing 2020 Top Ten results in the NQT calculations going forward as the results are sparse. We will have to wait and see if future year's results are impacted as well and decide the appropriate actions to be undertaken should they be. NQT discussion for the future will need to continue especially if participant travel is curtailed due to A) limited gathering restrictions in the event host locale or B) hesitancy on the part of usual attendees to travel.

### Discussions and Projects Since Last Convention

1. Established Local and Regional Club classifications for 2020 USMS clubs
2. With assistance from the National Office, produced NQT Standards file for both Spring and Summer National meets and meet operations use; made them available to local meet directors
3. Developed and approved Order of Events for Spring 2020 Nationals; Developed and approved Order of Events for Summer 2020 Nationals
4. Supported pre-meet liaison meeting in San Antonio with Host and Nat'l Office staff
5. Considered entry fee adjustment for Nationals. Deferred decision to future, possibly 2022/2023 for implementation 2024.
6. Worked with Rules Committee to submit changes to Article 104.3 and 104.4, rewording them and moving majority into policy.

## USMS Committee Reports and Agendas

---

7. Considered 104.5.3C NQT Entry Verification changes; decided to postpone any pursuit of immediate changes mainly due to manpower requirements for programming changes and manpower needed to implement/enforce any rule change
8. Established subcommittee to review methods to reduce Spring and Summer Nat'l meet timelines at request of 2019 HOD. Suspended sub-committee activities until future undetermined date due to pandemic event.
9. Re-evaluated Regional versus Local club scoring and decided no changes at this time.
10. Received two bid proposals to host 2022/23 Spring Nationals (one bidder bid spring/summer either/or)
11. Received one bid proposal to host 2022/23 Summer Nationals
12. Decided against awarding of meets in 2023 during this cycle due to year 2021 uncertainties related to health environment
13. Assigned meet liaisons to Greensboro and Spire Institute for 2021 events. Maintained original liaison assignments for 2022 San Antonio and Richmond

### Action Items

1. Confirm using 2020 NQT's for 2021 events
2. 2021 Spring Nationals: assign order of events; approve awards
3. Seek approval from NO to work with them in developing survey to gauge participant interest in attending national events considering travel, indoor events, close quarters, etc. This may help with determining NQT standards adjustments for temporary use.

### Agenda

1. Approve Minutes from last meeting(s) as required.
2. Review/discuss 2021 Nationals
  - A. 2021 Spring Nationals (Greensboro, NC, April 29-May 2)
    1. Logo/awards
    2. Order of Events status
    3. Facility update, if any
  - B. 2021 Summer Nationals (Geneva, OH, August 5-8)
    1. Logo/awards
    2. Order of events status
    3. Facility update, if any
3. Review/discuss any proposed Legislation/Rules changes that may affect the Championship Committee (Articles 103/104)
4. Continue discussions regarding NQTs in light of possible attendance and participation challenges

### Goals/tasks for 2021

1. Continue discussions with subcommittee members to control timeline with goal of keeping meets ~10 hours max
2. Continue NQT discussions depending on health environment developments

## USMS Committee Reports and Agendas

---

3. Work with and support 2022 hosts in attending 2020 events for additional familiarization, should they choose to do so. They attended 2019 events so this is optional.
4. Award 2023 events utilizing previously submitted bids and considering any additional bids to be submitted prior to May 1, 2021

**[Meeting #1: Wednesday, September 2, 8:00-9:15pm, ZOOM Virtual Meeting](#)**

## Coaches

---

### Committee Members

Kenny Brisbin, Chair; Chris McPherson, Vice Chair

Kathy Gallagher, Terry Heggy, Molly Hoover, Susan Ingraham, Bob Jennings, Carol Nip, Kerry O'Brien, Lori Payne, Elise Shank, Trey Taylor, Timothy Waud, Rich Williams

Ex-Officio: Bill Brenner, Steven Hall

### Introduction

The Coaches Committee continues to provide **safety** and educational opportunities for swimmers and coaches through their work with the National Office, LSMC Coaches Chairs, articles, On-Line Coaching and Mentoring Program.

### Discussions and Projects Since Last Annual Meeting

1. Evaluated applicants and selected coaching staff for the 2020 Pan Am Games in Medellin, Columbia.
2. Created a sub-committee to work on location and speakers for the 2020 National Coaching Clinic in Las Vegas Nevada.
3. Evaluated and selected first group of mentor and mentee applications, conducted training class for selected mentor coaches, and successfully completed the first round of the program match-ups; post-match-up survey information was collected, and the results were very positive.
4. Worked with National Office to help train online/web workout coaches to transition to new compressive platform. Continued to oversee workout output of designated coaches.
5. Assigned coaches committee volunteers to attend other national committee meeting calls to offer assistance and inspire collaboration; establishment of unofficial liaisons with Diversity and Inclusion, Fitness Education, Sports Medicine and Science, and Open Water Committees.
6. Received nominations and selected recipients for the national coaching awards: Kerry O'Brien and Coach of the Year.
7. Evaluated submissions for Level 4 Coach Certification, and identified those coaches who completed the requirements and gained Level 4 status.
8. Created sign up for on-deck coaching for 2020 USMS Spring Nationals.
9. Reviewed and offered recommendations in regard to modifying and

## USMS Committee Reports and Agendas

---

standardizing the LMSC Coaches' Chairposition.

10. Created and coordinated a new monthly Peer to Peer Call for Coaches to cover different topical content for each month. First of these Zoom conferences (re D&I) was accomplished on July 23<sup>rd</sup>.
11. Created a task force to work with the national office to review and supply recommendations for revisions to coaches' certification training.
12. Recruited coaches to write articles for Streamlines, resulting in a prolific number of helpful submissions; especially helpful with COVID pandemic shut-down/restrictions in 2020.
13. Collaborated within our Coaches' Committee to provide resources for USMS coaches and swimmers during the COVID pandemic. The committee supplied advice about, as well as online links to, different workout options outside of the pool, home-pool stretch cord workouts, dryland workout classes, swimming technique videos, etc. The Coaches' Committee also spearheaded a ZOOM conference to assist coaches' with restarting their programs.

### **Action Items**

1. Continue new program of monthly USMS coach-to-coach Zoom calls. Survey will be sent out to all registered coaches to determine common areas of interest for topics.
2. Selection criteria for USMS Coaches category for MISHOF inductees.
3. Continue to work with USMS office regarding the structure of coaches' education/certification.
4. Continue to review and update Coaches' Awards and Level 4 criteria.
5. Formulate ideas on how to get coaches more involved at the LMSC/National level.

### **Agenda**

#### Roll Call and Welcome

1. Introduce Committee Members
2. Committee Reports: Web Workouts, Worlds' Coaching, National Coaching Clinic, Awards, Education, Level 4 Coaching, LMSC Communication, Mentoring, On- Deck Coaching, Publications.
3. New Business – Peer-to-Peer Coaches' Call ideas.
4. Questions from attendees

### **[Meeting #1: Monday, August 31, 8:00-9:00pm, ZOOM Virtual Meeting](#)**

## Diversity and Inclusion

---

### Committee Members

Sarah Welch, Chair; Ally Sega, Vice Chair

Virgil Chancy, Jeff Commings, Donita Flecker, Kyle Jackson, Megan Johnston, Tim Murphy, Leslie Scott, Diana Triana, Blair Bagley, Tom Moore, Janelle Munson-McGee,

Ex-Officio: Daniel Pauling, Jessica Reilly

### Introduction

Mission /Purpose: The purpose of the USMS Diversity and Inclusion Committee is to help create a culture of inclusion and opportunity in USMS for people of diverse backgrounds by developing resources and engaging coaches, LMSCs, and local volunteers. Our annual work program expands the resources available to coaches, LMSC's and volunteers through coach training, coach interviews and the development of best practices. This year saw the inauguration of the Diversity and Inclusion page, providing visibility to these valuable resources to members.

### Discussions and Projects Since Last Annual Meeting Accomplishments thus far this year include:

1. Follow up to and building upon the 2018 Coaches Survey on Diversity and Inclusion on Teams. Additional coach interviews, with broader scope and improved questions are expected to begin this summer. In addition to informing USMS about the demographics of our athletes, this survey forms the basis for identifying coaches to interview and describe their approaches to diversity and inclusion. A sub-committee lead by Jeff Commings has been established to drive this process
2. New proposed legislation to enhance and clarify portions of USMS Rule 501.1 has been submitted. The Committee has worked with Charlie Cockrell of the Rules Committee and Richard Garza of the Legislation Committee for specific inclusion of Gender Identification in Rule 501.1. This will more closely align the rule with USMS Transgender policies and the recent US Supreme Court decision.
3. Coach Training: Built on the Coach Level 1-2 training curriculum on Diversity and Inclusion that the National Office added in 2019, by expanding the curriculum and creating a ppt. for presentation. In collaboration with the Coaches Committee, designed the curriculum to be offered in a webinar format. A Dry Run of the presentation was made to the Committee and to selected members of the Coaches Committee (the target audience). On July 23, the Coaches Committee hosted this webinar where Diana Triana and Jeff Commings from the D&I Committee presented the module. About 50 coaches participated.
4. Breakout and Peer to Peer sessions, offering more detail on certain subjects and allowing for more peer-to-peer discussion will be offered subsequently. These sessions will include discussions on:
  - Racial and National Origin/Cultural Diversity
  - Gender and Sexual Orientation Diversity

## USMS Committee Reports and Agendas

---

- Age, Physical/Mental Health, and Intellectual/Neurological Diversity, Attributes and Abilities
  - Social Class, Religious/Ethical Value Systems, and Political Belief Diversity
  - Maintaining an Inclusive Culture at your Club.
5. The Committee, under leadership by Janelle Munson-McGee continues to identify and write up Best Practices which are tools to share throughout the organization to promote diversity and inclusion. These are presented on the newly designed website link for Diversity and Inclusion. By year end, the Committee will have over 30 short summaries of these best practices to share throughout the organization.
  6. The Committee worked closely with the National Office to develop and issue a USMS Statement on Racial Justice and Equality. The Committee and NO Staff have followed up with members who reached out in response to USMS' statement and the ideas generated may provide input to future articles and a growing dialogue about diversity.
  7. Kudos to the National Office for creating the Diversity and Inclusion page on the USMS website where the Committee can profile our resources and information for coaches and best practices.
  8. Establishing a liaison between D&I and the Coaches Committee, Kathy Gallagher from AZ volunteered for this role. She updates each committee respectively on shared topics and facilitates joint conversations when possible.
  9. Collaboration with Diversity in Aquatics organization: many committee members and other USMS members participated in a series of webinars offered by Diversity in Aquatics to expand the conversations about diversity throughout the aquatic sports organizations.
  10. Development of a Diversity and Inclusion Statement of Purpose and Objectives which is a one-page statement initiated by the BOD to provide clarity and consistency in describing the Committee's purpose and primary work program.
  11. The D&I Committee work plan for 2020 contained a number of items that are now deferred due to a variety of 2020 life conditions: deferred-working with the National Office to develop self-service updates to member profiles (such as adding ethnicity or gender identity), defer: create a discussion public forum topic for diversity and inclusion discussions, defer: support the National Office as they create a video on Diversity and Inclusion.
  12. Although the D&I work plan envisions reaching out to LSMC's in the coming year, two LMSC's (Minnesota and Connecticut) have established a Diversity and Inclusion Coordinator positions at the LMSC level. A 'position description' for such a role will be an upcoming Best Practice and can be shared on the D&I link on the USMS website.

### **Action Items**

1. Approve Minutes.
2. Coach Survey
3. Best Practices
4. Coach Training Curriculum and Webinar Delivery
5. Legislative Proposals
6. National Office Unveils Diversity and Inclusion Page on Website to host resources developed by the Committee.

## USMS Committee Reports and Agendas

---

### **Agenda**

1. Welcome and Announcements
2. Approve Minutes for August Meeting
3. Best Practices Review (Janelle)
4. Coach Survey Update (Jeff)
5. Coach Training and Webinar Update Next Steps (Diana and Tom)
6. Review Progress and Accomplishments in 2020 Annual Strategic Plan (All)
7. Work Group Systemic Racism and Injustice (Ally and Jeff)
8. Updates from Coaches Committee (Kathy Gallagher)
9. Chris Campbell-any items/issues for the committee
10. Other Comments and Announcements (all)

Next Meetings first Wednesday: October 7, November 4, December 2.

**[Meeting #1: Sunday, August 30, 8:00-9:00pm, ZOOM Virtual Meeting](#)**

## History and Archives

---

### Committee Members

Frank Skip Thompson, Chair, Bob Anderson, Vice Chair, Barbara Dunbar, Vice Chair

Mary Ann Barkley, Rich Burns, Ashley Braniecki, Kirk Clear, Ann Lea Matysek, Molly Meyer, Walt Reid, Gail Roper, Jayne Saint-Amour, Ann Svenson, Meegan Wilson, Ex Officio – Ed Coates, VP Local Operations and Daniel Paulling, Director Publications.

### Introduction

The History and Archives Committee records, collects, and preserves documents, stories, photos, exhibits, oral histories, and other memorabilia in an appropriate repository and in durable formats to ensure that the achievements of USMS and Masters swimmers will be maintained for posterity. The archived information will be available on the USMS website in the USMS History & Archives section and elsewhere. The committee encourages LMSCs to document and archive their LMSC history so that each LMSC collects and preserves its LMSC photos, documents, stories, and newsletters.

The History and Archives committee is broken up into two subcommittees. The traditional committee works on the traditional projects that have been performed for many years. The Living History is the other subcommittee that works and gives direction to LMSC's to document and archive their LMSC history as it happens through photos, documents, stories, newsletters, LMSC and Club websites, and social media outlets.

### History and Archives Active Projects and Progress Since Last Annual Meeting

1. Relay Top 10s are being converted by year and course from paper hard copies into digital files for ID assignment and upload to the USMS Top 10 Relay database. The Relay Top 10 Project require transcribing Relay Top 10 data (names, times, ages, club, and LMSC) into a template for each year and course missing from the online database; proofing; researching and adding missing first names; and adding permanent IDs. The template is uploaded into the Relay Top 10 database. Data for 15 SCY years (1973-1987), 17 LCM years (1972- 1987), and 3 SCM years (1985- 1987) remain to be completed.
2. 1974-1997 Open Water and E-Postal Long Distance National Championship results have been located, scanned, indexed, and completed. They need to be uploaded onto the USMS website.
3. Missing National Record dates are researched, located, and added to the list of USMS Chronological National Records for the Records Chronology Project.
4. Identify USMS swimmers pre-1993 Top Ten lists who are missing ID's and Dates of Birth and assign ID's to them. Correct any mistakes of swimmers with duplicate names and ID's.
5. USMS current or former members with multiple permanent Swimmer IDs have been reported. Request IDs to be merged into a single ID.
6. Updated the deceased members and dates of death in the swimmers profile in the USMS Registration database.

## USMS Committee Reports and Agendas

---

7. Additional Olympians and Olympic event information have been added to the “Olympians who are USMS members” list at <http://www.usms.org/hist/oly/>.
8. Check links on the USMS website especially swimmers stories. Updated and added swimmers stories if possible.
9. LMSC Records/Top Ten listing and possible history of LMSC Records/Top Ten using the USMS Database and getting assistance from the local top ten/records recorders to get this started.
10. Living History project has started with identifying how LMSC’s are currently collecting their living history, also studying how comparable organizations are making publicly available photos, videos, articles, and more from their activities.

### Action Items

1. Evaluate and prioritize the traditional H&A committee projects.
2. Evaluate the communication to the membership about their COVID 19 experience and the USMS Virtual Championship and actions taken by the LMSC’s to collect stories and photos of this history taking place and use a platform to share with membership. This will be a pilot program for LMSC’s for the future.

### Agenda

1. Call History and Archives Meeting to Order.
2. Roll Call – Communication members and ex officio.
3. Introduce and welcome new delegates
4. Review the status of the traditional History and Archive projects
5. Evaluate and prioritize traditional H&A projects with workloads and timelines.
6. Review the status of the Living History Project.
7. Plan of Action for LMSC’s to share experiences that are taking place and assist them with best practices to capture their stories through photos, videos, and written anecdotes through their communication platforms, including websites, newsletters, e-mail blasts, social media, and photo galleries.
8. Other
9. Adjourn

**[Meeting #1: Tuesday, September 1, 8:00– 9:00pm, ZOOM Virtual Meeting](#)**

## Fitness Education

---

### Committee Members

Mary Jurey, Chair; Emily Cook, Vice Chair

Brigid Bunch, David Morrill, Ken Winterberger, Karin Wegner, Ann Marshfield, Anita Cole, Brian Cummings, Lisa Watson, Andy Seibt, Kathy Englar, Matt Miller, Lisa Ward

Ex-Officio: Jay Eckert, Onshalee Promchitmart

### Introduction

The Fitness Education Committee has been meeting monthly since February, pivoting to react to the pandemic conditions effecting USMS. As a starting point, the committee worked hard to establish its Statement of Purpose, which helped to clarify the direction of the committee, and set out directives for moving forward. As a result, the committee has also established sub-committees for which there are more details below.

### Discussions and Projects Since Last Annual Meeting

1. Development of a Committee Statement of Purpose and Objectives
2. Stand up of several sub-committees with specific duties. This has enhanced focus and clarity on Committee objectives, and instilled a higher level of process discipline. The sub-committees are:
  - a. Fitness Challenge Series. Works with the National Office on marketing and enhancing the various Fitness Series events.
  - b. Membership Retention and Outreach. Works with the National Office on methods of reaching out and establishing USMS presence in underserved locations.
  - c. Covid-19 Response. This is more of an ad hoc committee designed to work with the National Office and other Committees to help establish best practices for Teams, Clubs and Members to cope with the impacts of Covid-19.
  - d. Communications. Works with the National Office, LMSCs, Clubs and other Committees to collect and spread information and values that serve to enhance the objectives of USMS and fitness in general.
  - e. Fitness Award. This sub-committee will work to better define the Award selection criteria, and to find ways to attract more nominations.

### Action Items

1. Better communication with the National Office
  - a. Better flow down of USMS Objectives
  - b. Enhanced partnerships on various scopes of efforts, enhancing them and avoiding duplication
2. Better communication and liaison with Coaches Committee, Sports Medicine and Science Committee, and Diversity and Inclusion Committee
  - a. Better flow down of USMS Objectives
  - b. Enhanced partnerships on various scopes of efforts, enhancing them and avoiding duplication

# USMS Committee Reports and Agendas

---

## **Agenda**

1. Introduction / Statement of Purpose
2. Reports from the Sub Committees
3. Future Goals
4. Reaching / Serving the Fitness Swimmer

**[Meeting #1: Tuesday, September 1, 8:00-9:00pm, ZOOM Virtual Meeting](#)**

# USMS Committee Reports and Agendas

---

## Legislation

---

### Committee Members

Richard Garza, Chair; Patrick Weiss, Vice Chair

Brian Albright, Joan Campbell, Diana Dolan LaMar, Stephanie Gauzens, Laura Groselle, Bruce Hopson, Kristof Kertesz, John King, Jane Moore, Steve Peterson, Douglas Sayles, Meg Smath, and Kris Wingenroth.

Ex-Officio: Charles Cockrell, Maria Elias, Dawson Hughes, Jessica Reilly EC: Chris Colburn

### Introduction

The Legislation Committee considers proposed changes to parts 2, 4, 5, 6, the Glossary, and Organizing Principles of the USMS Rules and Regulations. The committee communicated through email regularly and met at least once a month via conference call or Zoom starting in March. After the June 10<sup>th</sup> deadline, we met more frequently to debate and discuss proposals we had received. Our recommendations on each proposal were then prepared in a pre-convention packet for the HOD.

### Discussions and Projects Since Last Annual Meeting

1. Reconsidered left-over items from the 2019 Annual Meeting.
2. A subcommittee was formed to take a closer look at the 60 day unattached period between clubs, as requested by the 2019 HOD.
3. Members of our committee worked with members of Long Distance and Rules to see if reorganizing Part 2 would be in the best interest of USMS.
4. The committee provided interpretations as requested.

### Action Items

1. Debate and discuss changes and proposals to the USMS Rules and Regulations.
2. Provide our opinion of each proposal to the House of Delegates.
3. Support the editorial process for publication of the 2021 USMS Rules and Regulations.

### Agenda

1. Review of proposed amendments to parts 2, 4, 5, 6, the Glossary, Organizing Principles, and our area of jurisdiction in Appendix B. Motions to reconsider are in order if additional work is required in committee meetings held in conjunction with the USMS annual meeting.
2. Discussion of potential projects and housekeeping items for future amendment cycles.

**[Meeting #1: Tuesday, September 1, 8:00-9:00pm, ZOOM Virtual Meeting](#)**

**[Meeting #2: Monday, September 14, 8:00-9:0pm, ZOOM Virtual Webinar](#)**

## LMSC Development

---

### Committee Members

Lisa Brown, Chair; Michael Moore, Vice Chair, Paige Buehler, Linda Chapman, Nicole Christensen, Mollie Grover, Sally Guthrie, Mary Hull, Nancy Kirkpatrick-Reno, Crystie McGrail, Hugh Moore, Aaron Norton, Thomas Patterson, Edward Saltzman, Robin Tracy

Ex-Officio: Ed Coates, VPLO , Dawson Hughes, Jessica Reilly,

### Introduction

The LMSC Development Committee is responsible for managing LMSC and zone boundaries, managing the LMSC standards policy and working with the Vice President of Local Operations to conduct and communicate an annual standards report for each LMSC. The committee fosters communication across all LMSCs and LMSC volunteer roles by providing:

1. Peer-to-peer tele-conferences for interactive discussion of issues
2. Outreach and mentoring through the zone chairs
3. Educational seminars and workshops on selected topics
4. Recommended “best” practices.

### Discussions and Projects Since Last Convention

1. Zone Name Change Dixie Zone to Southeast Zone
2. Boundaries: Under USMS Rule Book 507.1.6 “The committee may initiate and shall receive, consider, and report proposed amendments to Appendix D: Zone and LMSC Boundaries, . . .” This year there was one request for a boundary change in the Arkansas and Missouri Valley LMSC. The change submitted by the Arkansas LMSC requested the counties of Jasper, McDonald and Newton located in the state of Missouri be moved to the Arkansas LMSC. The Missouri Valley LMSC Board voted 7-2 approving the boundary change. The LMSC development committee approved the boundary change 15 - 0.
3. LMSC Standards– Surveyed 52 LMSC Chairs and 52 LMSC Treasurers. Some of the results were from the national office. The full results will be discussed at the LMSC Committee meeting. The results were given to the Vice President of Local Operations Ed Coates. <https://www.usms.org/volunteer-central/lmscs/lmsc-standards>
4. Peer to Peer Teleconferences: The Peer to Peer conferences are generally scheduled on the second Tuesday of the month. The mentoring subcommittee provides opportunities each year for various LMSC volunteers to chat in a facilitated call about hot topics, areas of concern or best-known methods for getting LMSC work done. Since last convention we have held P2Ps for the following roles: Membership Coordinator Role, Officials, Running an Open Water event, Engaging your swimmers during CoVID-19, Diversity &

## USMS Committee Reports and Agendas

---

inclusion for Coaches, ALTS how to teach during CoVID-19. Coaches committee will take over any Peer to Peer call on the Third Tuesday of each month, LMSC will lead the ALTS calls with the ALTS committee. Future Peer to peer calls will focus on non-Coaching calls. Audio files and notes are available on the USMS website and can be downloaded.

5. Volunteer role descriptions: A Sub-committee of the LMSC Dev Committee, updated, conducted a peer review of all Volunteer Role descriptions, dated 2012. On August 1, 2020, the volunteer role descriptions were forwarded to each respective USMS committee to review and edit if needed.

### **Action Items**

1. HOD vote to approve the renaming Dixie Zone to Southeast Zone.
2. HOD vote to approve boundary change of Arkansas - Missouri Valley.
3. Reevaluate and prioritize various LMSC Development committee projects.

### **LMSC Development Committee Meeting Agenda**

1. Introductions
2. Approve July meeting minutes and/or review offline decisions
3. Dixie Zone name change
4. Boundary Change approval
5. LMSC Standards survey and results
6. Define scope of LMSC Standards Performance Evaluation for 2020
7. Discuss recurring date/day for Peer to Peer Teleconferences
8. 2020 priorities
9. Review action items
10. Adjourn Meeting

**[Meeting #1: Wednesday, September 2, 8:00-9:00pm, ZOOM Virtual Meeting](#)**

## Long Distance

---

### **Committee Members:**

Ali Hall, Chair; Phyllis Quinn, Vice Chair

David Brancamp, Robin Smith, Sarah King, Stephen Rouch, Alana Aubin, Catherine Rust, Jim Davidson, Laurie Hug, Bob Singer, Lorena Sims, Jenny Hodges, Chuck Beatty, Jill Wright

**Ex-Officio:** Kim Elsbach, VP Donn Livoni, David Miner, Jay Eckert

### **Introduction**

**Duties include:** The Long Distance Committee shall oversee the rules and administration of open water and long distance events. The committee shall solicit and review bid proposals and select the sites for the long distance championship events. The committee shall work in a coordinating and advisory capacity with event hosts and make recommendations to enhance the quality of Long Distance championship events. The committee shall maintain records and select the Long Distance All-American and Long Distance All-Star Teams. The committee shall assure that the competitive rules in Part 3 of the USMS Rules and Regulations provide for fair and equitable competition in the best interests of all USMS members and that these members are informed of current rules, interpretations, and changes. The committee may initiate and shall accept, consider, and report proposed amendments, with the committee's recommendations, at the annual meeting of the House of Delegates, in accordance with the provisions of Part 6. When necessary, the committee shall interpret and render opinions regarding any provision of the rules and regulations of USMS within the committee's jurisdiction as defined in article 601.1

### **Discussions and Projects Since 2019 Annual Meeting**

1. The LDC continues to develop proposals for updates to rules, in conjunction with the Open Water, Rules and Legislation Committees.
2. The Chair and Vice-Chair have participated in several Open Water Task Force (OWTF) Strategies Conference Calls conducted by the National Office staff. The committee has been updated as to the progress from these calls.
3. The LDC received nominations for its annual award, and selected a recipient, to be announced at Convention. This LD NC recognition is awarded to a USMS registered individual or group that has made significant contributions to the success and promotion of USMS Long Distance National Championship events.
4. The 2022 LD NC selection working group recruited and received bids for all ePostal and OWNC distances. The working group reviewed these and made recommendations to the LDC. The 2022 LC NC slate was approved in the July business meeting and will be announced at the Annual Meeting—Long Distance 1 on August 30.
5. The One Hour e-Postal, hosted by Tamalpais Masters, is complete and final results have been posted. The 5K-10K ePostal events are open until September 30. A non-competitive SCY/SCM conversion option was created for swimmers without adequate access to LCM pools. The 3000y-6000y ePostal is scheduled start in September. The LDC is currently weighing whether to recommend pandemic-related modifications to this year's 5k/10k and 3000/6000 ePostal structure.

## USMS Committee Reports and Agendas

---

6. The 6 scheduled 2020 OWNC events as well as the clinic connected to the Lake Erie Middle Distance event have been cancelled due to COVID-19. Affected hosts were offered priority consideration in the 2022 LD NC bidding processes, provided they submitted timely bids.
7. The Documents work group continually updates guidelines, documents and worksheets used by the LDC to collect information and track events.
8. Lead and back-up roles for each task and function in the LDC ensures continuous coverage of responsibilities, serves to mentor newer committee members and distributes workloads more evenly. Lead and back-up assignments have been identified for the 2021 LD NC events.
9. A Virtual Annual Meeting workgroup is coordinating a variety of activities to support the LDC's mission and responsibilities. The LDC intends to record presentations and a workshop that can be made available on the USMS site and for LMSCs following the Annual Meeting. The LDC will hold three business meetings during Annual Meeting — two on Zoom and one via Zoom webinar—and be available for rules and other HOD sessions.

### **Meeting #1: Sunday, August 30, 8:00-9:00pm, ZOOM Virtual Meeting**

#### **Agenda**

1. 7:45 Virtual Mingle and Tech Check
2. 8:00 Welcome, Mission of the LDC and Rollcall Introductions
3. 8:19 Poll: how many attendees have how many of the same t-shirts as the LDC members
4. 8:20 Approval of any outstanding minutes--all
5. 8:21 2021 and 2022 LD NC Host, Location, Schedule Announcements: Jill and hosts attending
6. 8:40 Awards, Recognition and LD NC overview--Catherine and Dave
7. 8:50 Any other business for the good of the order, announcement of next meetings
8. 8:57 Closing chat storm
9. 9:00 Adjourn

### **Meeting #2: Wednesday, September 17, 8:00-9:00pm, ZOOM Virtual Meeting**

#### **Agenda**

1. 7:45 Virtual Mingle and Tech Check
2. 8:00 Roll Call
3. 8:02 Rules Packet Overview and Discussion—Jim and Alana
4. 8:45 Other business for the good of the order—Ali
5. 8:55 Closing Chat Storm and announce next meeting
6. 9:00 Adjourn

### **Meeting #3: Thursday, September 24, 8:00-9:00pm, ZOOM Virtual Meeting**

#### **Agenda**

1. 7:45 Virtual Mingle and Tech Check

## USMS Committee Reports and Agendas

---

2. 8:00 Welcome and Rollcall
3. 8:04 Approval of any outstanding minutes--all
4. 8:05 From OW to OWNC: the workshop group
5. 8:35 Nuts and Bolts Results Navigation--Sarah and Chuck
6. 8:50 Any other business for the good of the order, announcement of next meetings
7. 8:57 Closing chat storm
8. 9:00 Adjourn

# USMS Committee Reports and Agendas

---

## Membership

---

### Committee Members

Susan Ehringer, Chair; Chris Ottati, Vice Chair

Marcia Anziano, Sue Nutty, Chris Powers, Douglas Sayles, Leslie Scott, Dan Wegner, Jill Wright

Ex-Officio: Jessica Reilly, Steven Hall

### Introduction

The Membership committee examined goals of the committee and the role of the Membership Coordinator.

### Discussions and Projects Since Last Annual Meeting

1. January 2020 Peer to Peer
  - a. What lead up to the changes of the name of the committee and coordinator
  - b. Working with the Volunteer Task Force
  - c. Future of the committee
  - d. Role of the Membership Coordinator
2. Started review the Membership Coordinator education materials available online
3. Provided favorable feedback about the membership cards and packet
4. Created and submitted Membership Committee Statement
5. Created subcommittee to work on FAQs and Educational Materials for Membership Coordinators
6. Submitted Membership Coordinator job description to LMSC Development committee

### Action Items

1. Submit revised FAQs for Membership Coordinators
2. Submit revised Educational Materials for Membership Coordinators

### Agenda

1. Discussion of current projects
2. Discussion of current issues
3. Needs of upcoming year
4. Question and Answer from audience

**[Meeting #1: Thursday, September 3, 2020, 8:00-9:00pm, ZOOM Virtual Call](#)**

## Officials

---

### Committee Members

Teri White, Chair; Mike Abegg, Vice Chair

Jerrilyn Bayless, Omar de Armas, Alina de Armas, Dave Diehl, John Fox, Judy Gillies, Susan Hengstenberg, John King, Celia Wolff

Ex-Officio: Donn Livoni-EC, Onshalee Promchitmart-USMS Staff

### Introduction

The Officials Committee's purpose is to offer training and education opportunities for officials to ensure that USMS competitive meets are officiated to the highest standards.

### Discussions and Projects Since Last Annual Meeting

1. **Officials certification program:** Evaluation of certification period led to change from 2 years to 4 years. All credentials valid through 12/31/2019 were reissued and emailed to officials. Continued to certify USMS Stroke & Turn and Starter officials. We currently have 239 certified officials including 118 Starters and 42 Referees. This is an increase of 40 new USMS officials in 2020 despite COVID-19 disruptions for pool competition.
2. **National Championship meet support:**  
Both the 2020 SCY and LCM National Championship meets, plus the 2020 College Club Championships were canceled for COVID-19 concerns. Committee focus will move to supporting the 2021 meets.
3. **Rules:** No Rule changes were submitted for Officials.
4. **USMS Officials Excellence Award:** Award for 2020 to be presented during Annual Meeting.
5. **USMS website content regarding Officials:** Major review of current content completed; many new/updated files submitted. New platform content carefully reviewed; remaining old content now being reviewed/updated. Review of the LMSC Officials Chair role description underway. Work is ongoing.
6. **USMS Pool/Open Water combined Officials Certification card:** Officials Committee willing to pursue one USMS Officials Certification card with both pool and OW credentials. At some point, NO technical support for a more automated credential system will be necessary.

### Action Items

1. **Full Committee meeting schedule**, conducted through Start Meeting calls, through June 2020:  
October 15, 2019  
January 28, 2020  
March 17, 2020  
May 5, 2020  
June 16, 2020

## USMS Committee Reports and Agendas

---

July 14, 2020

2. **Annual Meeting:** Business Meeting Sept 1, 2020 at 5:00 PM PST via Zoom.  
Presentation of Excellence in Officiating Award to be scheduled by NO

### **Agenda**

1. Call to order.
2. Approval of 7/14/2020 Minutes.
3. Business items:
  - Officials Certification program status - Teri
  - Championship meets for 2020
  - USMS Officials Award – Alina / John F
  - USMS Officials website - Mike
  - Nametag order – Jerrilyn
  - USMS Rulebooks - Celia
  - Testmoz Test site update – Teri

**[Meeting #1: Tuesday, September 1, 8:00-9:00pm, ZOOM Virtual Meeting](#)**

## Open Water

---

### Committee Members

Chair, Kim Elsbach, Vice Chair, Mark Johnston

Members: Denise Brown, Bob Bruce, Becky Cleavenger, Karen Le Febre, Bob Kolonkowski, Rory Grigull, Joe Linford, Timothy Murphy, Helen Naylor, William Reeves, Marie Vellucci, Jenny Hodges

Ex-Officio: David Miner, Jay Eckert, Ali Hall, Alana Aubin, Jim Davidson, Donn Livoni

### Introduction

During the 2020 Calendar Year the OWC attempted to undertake a number of projects that were driven by member interests. The committee learned, however, that most of these projects were either under the purview of the National Office, or were things the National Office did not want the committee to pursue. As a result, the committee realized that most of its charge, as stated in the USMS Rule Book, was no longer valid. The committee voted in May, 2020 to pilot a disbanding of the committee for 2021. Details are in the May, 2020 minutes, and more information is given below.

### Discussions and Projects Since Last Annual Meeting

In December, 2019, Kim Elsbach and Mark Johnston had individual conversations with all committee members and developed a slate of 16 projects that members were enthusiastic about pursuing. In December, Kim discussed these projects with Peter Guadagni and was given the go-ahead to pursue them. In January, 2020 Mark and Kim then discussed these projects with David Miner, Jay Eckert, Donn Livoni, and Dawson Hughes. At this time, we learned that a number of these projects were underway or nearly completed by the Open Water Task Force (OWTF), and removed those projects from our list. This left the following nine projects to be pursued:

1. OW Event Start Up Fund. Develop a plan for awarding small start-up funds (\$2-5K) for new OW competitions
2. Connect OW clubs on Clubfinder and create network of OW clubs. Find a way to connect clubs that are OW clubs, and organize OW workouts and training.
3. Event Mgmt Guidance Document. Revise Event Mgt Guidance Doc
4. Conservation Guidance Document. Develop guidance document for event directors who want to include conservation, clean-up or volunteer activities in conjunction with open water swim events.
5. Updated Safety and Crisis Management Document. Suggest Updated Safety Guidance Document for Open Water Events, and prepare a document with advice on what to do in a crisis or emergency during an open water event

## USMS Committee Reports and Agendas

---

6. Guide to Operations Revision. Update Open Water Guide to Operations
7. Open Water Service Award. Manage the process for selecting our annual Open Water Service Award
8. OW Forum on USMS.org. Monitor OW Forum on USMS
9. Oversee Cat 1 swimwear exceptions, reviewing medical and religious exemption requests.

### **Revised Project List, March, 2020**

By March, the National Office had communicated that most of the initial list of projects were items that were under the purview of the National Office (promotion, marketing, and development), or the OWTF. This left us with the following five projects:

1. Event Mgmt Guidance Document. Revise Event Mgt Guidance Document with direct oversight by National Office.
2. Open Water Service Award. Manage the process for selecting our annual Open Water Service Award
3. OW Forum on USMS.org. Monitor OW Forum on USMS
4. Oversee Cat 1 swimwear exceptions, reviewing medical and religious exemption requests.
5. Guide to Operations. Update Open Water Guide to Operations as needed

### **Open Water Committee Proposals**

Given that most of the work of the OWC is now under the purview of the OWTF and the National Office, Kim and Mark made a proposal to the Committee in May, 2020 to disband the committee and transfer the few remaining, annual tasks to the LDC. Any larger Open Water projects would be undertaken by a temporary group of USMS volunteers, under the guidance of the National Office. OWC Committee members voted on this proposal, as well as a proposal to disband on a Pilot basis only, and a proposal to do nothing (no change from current status). The three proposals were written as follows:

#### Proposal 1

The Open Water Committee ceases to exist as a separate committee within USMS. The few tasks currently assigned to the Open Water Committee in the USMS Rulebook (i.e., upkeep of the Open Water Guide to Operations and handling of Category I Swimwear petitions), and a couple of other tasks (i.e., monitor OW Forum and oversee OW Service Award), will be transferred to the Long Distance Committee. Specific projects related to Open Water Swimming may be undertaken by an Ad Hoc project group of volunteers overseen by the National Office. This will prevent overloading of work for the Long Distance Committee. This proposal would require legislative amendments (available upon request).

## USMS Committee Reports and Agendas

---

### Proposal 2

Undertake Proposal 1 on a pilot basis starting in January, 2021 to see how it works. The Committee could return to its current format in January, 2022 if the pilot is unsuccessful. The pilot option would not require the legislative amendments (available upon request).

### Proposal 3 – Do Nothing

Maintain the current charge of the OWC. The charge and structure of the committee may need to be reviewed and revised in the future, given the current centralization of marketing, promotion, and communication from the National Office.

### **Proposal 2 passed, with 55% of voting members choosing this option. Action Items**

1. The 5 projects listed in the “Revised Project List, March 2020” are underway and will be completed this year. Projects 2-5 are annual/on-going projects that are completed every year.
2. Kim and Mark will work with the LDC to determine how to begin the pilot proposal of disbanding the OWC and moving the 4 remaining duties to LDC in January, 2021.

### **Agenda**

- 8:00 – 9:00 PM, EDT, August 31, 2020
- 8:00 – 8:10 PM Welcome and Overview of Committee Pilot Plan for next year.
- 8:10 – 8:20 PM Questions about Open Water Committee Pilot Plan for next year.
- 8:20 – 8:30 PM Running Open Water Events with Social Distancing – Helen Naylor, Bob Bruce, and Tim Murphy
- 8:30 – 8:40 PM Questions on Running OW events with Social Distancing
- 8:40 – 8:50 PM Key Tips for Open Water Event Management – Karen LeFebre
- 8:50 – 9:00 PM Questions on Open Water Event Management

**[Meeting #1: Monday, August 31, 8:00-9:00pm, ZOOM Virtual Meeting](#)**

## Recognition and Awards

---

### Committee Members

Megan Lassen, Chair; Charis McCarthy, Vice Chair

Marcia Benjamin, Carolyn Boak, Richard Burns, Nadine Day, Barbara Deshler, Sally Dillon, Dawn-Ann Dykes, Jack Groselle, Ray Novitske, Elizabeth Nymeyer, Ginger Pierson, Nancy Ridout, and Laura Val

Ex-Officio: Ed Coates, Onshalee Promchitmart, Jessica Reilly

### Introduction

The Recognition and Awards Committee promotes recognition of service to USMS. It reviews and approves proposals for official USMS service awards; there were no such applications during the past year. It ensures that a history of all service awards is maintained by updating the awards on the USMS website after each convention. It promotes nominations for all USMS awards by announcing a “call for nominations” in *STREAMLINES* and USMS’s *Swimmer* magazine. The committee receives nominations and selects recipients for the Capt. Ransom J. Arthur M.D. Award, Dorothy Donnelly Service Award, June Krauser Communication award, and Club of the Year Award. Members of the R&A committee include past recipients of the Ransom Arthur Award and members of other award-giving committees.

### Discussions and Projects Since Last Annual Meeting

1. The committee met by conference call in January, March, and July. Approved minutes of the meetings can be found on the USMS website.
2. There were a record eleven (11) nominations for the Ransom Arthur Award this year. Frank “Skip” Thompson was selected as the 2020 honoree and he was “featured” in the July/August issue of *Swimmer* magazine. The other nominees were Bob Bruce, Dan Cox, Ralph Davis, Peter Guadagni, Anna Lea Matysek, Jim Matysek, Chris McGiffin, Mark Moore, Ed Saltzman, and Ally Sega. The selection committee consists of previous RJA recipients still registered with USMS and all committee members.
3. A subcommittee writing short bios for previous recipients of the Dorothy Donnelly Service award are approaching the finish line. To view the stories go to: <https://www.usms.org/volunteer-central/awards/dorothy-donnelly-service-award> Bios for other USMS award are next on the group’s agenda. We will ask other award-giving committees to submit bios for their recipients, which we will post.
4. A subcommittee reviewed and amended the application process for the Club of the Year award. The updated information can be found here: <https://www.usms.org/volunteer-central/awards/club-of-the-year-award>.
5. A subcommittee prepared and submitted a nomination for Kerry O’Brien to the Masters International Swimming Hall of Fame as an Honor Contributor. We have been informed by ISHOF that there will be no action on any MISHOF inductees; therefore no class of 2020.
6. A subcommittee looked into ways to increase nominations for USMS awards. A newsletter to LMSC leaders was drafted and we will work with the National Office to

## USMS Committee Reports and Agendas

---

find the appropriate distribution format. The group is still working on ideas that go beyond the occasional mention in Streamlines and the national magazine.

7. Nominations were received for the awards governed by the R&A committee. Committees were formed, the nominations reviewed, and recipients were selected.
8. Ray Novitske leads a committee that will prepare a “virtual” awards presentation for this year’s convention. All award-giving committees are invited to participate.
9. A proposal will be presented for a change to the committee’s policies regarding the Ransom Arthur Award. The intention is to eliminate the requirement for the nominee’s LMSC to provide an endorsement.

### **Action Items**

1. The committee ratified the email votes to approve minutes of the January 28 and March 29 meetings.

### **Agenda – R&A Committee meeting, Monday, August 31 at 8 pm EDT**

1. Chair’s Report
2. Budget review and approval for 2020
3. Updates on annual awards:
  - a. Capt. Ransom J. Arthur M.D. Award
  - b. Dorothy Donnelly Service Award
  - c. June Krauser Communications Award
  - d. Club of the Year Award
  - e. Masters International Swimming Hall of Fame Award
4. Progress reports - 2020 projects
  - a. Bios for award web pages
  - b. Increasing nominations for USMS awards
  - c. Increasing opportunities for recognition at the local level
5. New Business
  - a. Proposal to amend the Policies for the Ransom Arthur Award
  - b. Post-convention project to review the R&A Committee Policies – assign tasks
  - c. Set a date for a fall meeting

**[Meeting #1: Monday, August 31, 8:00-9:00pm, ZOOM Virtual Meeting](#)**

## Records and Tabulation

---

### Committee Members

MJ Caswell, Chair; Stacey Eicks, Vice Chair

Cheryl Gettelfinger, James Izzi, Chris Ottati, Thomas Patterson, Walt Reid, Jeanne Seidler, Mary Sweat, Benjamin Wyckoff.

Ex-Officio: Jessica Reilly (USMS Office), Steve Hall (USMS Office), Mary Beth Windrath (National Swims Administrator-USMS Office)

EC: Ed Coates (VP of Local Operations)

### Introduction

The Records and Tabulation Committee is responsible for the process of recording and verifying Top 10 times, All-American and All-Star rosters, and USMS national records for all three courses. In addition to a chair and vice-chair, the committee includes the National Swims Administrator, who collects, verifies and compiles Top 10 submissions from the LMSCs, and also receives and verifies record applications and maintains the USMS records. The pool measurement process is within the domain of the committee. The committee maintains the USMS List of Measured Pools. The committee works with the LMSC Top Ten Recorders to use the Top 10 Tools for meet uploading to the Event Results Database.

The committee works closely with the USMS office for the online publication of lists, rosters and records, and to simplify and automate the compilation and verification of all swim performances in pools measured as per USMS pool measurement rules.

### Discussions and Projects Since Last Annual Meeting

1. For the past year, the National Swims Administrator continued the customary roles of verifying, compiling and publishing USMS Records and Top 10 Swims along with maintaining the USMS List of Measured Pools. The committee chair uploaded the list of Top 10 swims and All-Americans on the USMS website. Mary Sweat provided volunteer assistance for the Top 10 processing as she has done in the past.
2. Committee business was taken up during three conference calls and electronically through email and the secure Records and Tabulation USMS Administrative Forum defined for this business purpose.
3. The USMS List of Measured Pools has been kept up to date with pool measurement documents provided by LMSC Top Ten Recorders. The USMS List is a comprehensive reference of all pools which have been measured for USMS competition. This effort continues as an on-going process. There has been a project on the projects list to provide a database for pool measurements to replace the Excel spreadsheet version but the project has no priority.
4. Numerous inquiries were made to the committee, mostly to the Chair and National Top Ten Administrator regarding various questions related to Top Ten, pool measurement, availability of Top Ten times, and split request listings in the Event Results Database (ERDB). The bulk of the work of this committee actually goes on behind the scenes

## USMS Committee Reports and Agendas

---

without a lot of committee interaction. Swimmers in the LMSCs are helpful in reporting potential errors in the meet results uploaded to the ERDB.

5. We formed a subcommittee to work on updating the GTO as it relates to Top 10 recorders. With the website update, most of the files are out of date. This is an ongoing project. The Top 10 Recorders FAQ has been updated by Mary Beth Windrath
6. The committee proposed a rule change to 103.18.2 to increase clarity in the use of automatic splits.
7. We completed the committee statement, outlining and defining the work and scope of the committee.
8. We have been considering the ramifications of COVID-19 on Top 10, All-Americans and All-Stars and that is ongoing.

### **Action Items**

1. Update GTO documentation.
2. Update RT Policies and Procedures.

### **Agenda**

1. Introductions.
2. Summarize change in the past year, new information for Top Ten Recorders published in the Guide to Operations, various issues resolved during the year.
3. Open Discussion on RT projects for 2020-2021, potential rules, legislation or policy changes for 2021 convention.
4. . Update on GTO changes and updates.
5. Review any rule or legislation items that will have an impact on Top 10 Recorders that are being considered at this convention.
6. Open Feedback Session... member and audience are invited to discuss the topic of supporting the needs of Top Ten Recorders on the LMSC level and any items/topics that may be brought up from the floor.

**[Meeting #1: Thursday, September 3, 2020, 8:00-9:00pm, ZOOM Virtual Call](#)**

# USMS Committee Reports and Agendas

---

## Rules

---

### Committee Members

Charles Cockrell (Chair); Mollie Grover (Co-Vice Chair); Claire Letendre (Co-Vice Chair)

Carolyn Boak, Kathrine Casey, Julie Dussliere, Marilyn Fink, Christina Fox, Judy Gillies, Ian King, Mark Marshfield, Barbara Protzman, Jessica Seaton, Jason Weis.

Ex-Officio: Bill Brenner, Steve Hall, Chris Colburn, Richard Garza, Teri White.

### Introduction

The rules committee is responsible for ensuring that the competitive rules in part one of the USMS rules and regulations provide for fair and equitable competition in the best interests of all USMS members. The committee works throughout the year to ensure that USMS members are informed of current rules, interpretations, and changes to rules. The committee accepts, considers, and reports proposed amendments to part one and the glossary to the USMS House of Delegates in conjunction with the USMS annual meeting.

The committee held a winter organizational conference call followed by a spring conference call to consider proposed amendments submitted by the rules committee in advance of the June 10 submission deadline. The committee met in June and July to consider proposed amendments and prepare the pre- Annual Meeting delegate packets. The Chair attended the USA Swimming rules and regulations committee meeting in June.

### Discussions and Projects Since Last Annual Meeting

1. The committee authorized the chair to issue interpretations of rules on behalf of the committee in between meetings. The chair answered rules questions from LMSC leaders, other standing committees, and general membership inquiries as received throughout the year. No official interpretations were issued since the 2019 annual meeting of the House of Delegates.
2. The Chair responded to questions regarding requirements for USMS sanctioned meets held in conjunction with USA Swimming sanctioned meets (otherwise known as “dual sanctioned” meets). Revisions to the guidelines for dual-sanctioned meets in the USA Swimming and USMS rule books were drafted and have been approved by USA Swimming.
3. The Chair responded to questions regarding the publication of Top Ten times given the impacts of cancelled USMS meets due to the Covid-19 pandemic. Current rules require that USMS publish a Top Ten list annually per the deadlines specified by rule. The rule requiring publication of Top Ten times cannot be waived except by an emergency suspension of the rule which would require action by the USMS Board of Directors with the concurrence of the Rules Committee.

## USMS Committee Reports and Agendas

---

4. Rules Committee representatives supported the draft of a proposal to re-organize part two of the USMS Rules and Regulations with the Legislation and Long Distance Committees. This project began in December 2019 in an effort to streamline committee jurisdictions for the benefit of USMS members. The proposed re-organization places all requirements for sanctions, technical rules, and administrative regulations that pertain to pool meets in part one with all requirements for open water races in part three. Thus, the proposed re-organization eliminates scenarios where multiple committees are required to address issues, questions, and proposed changes from USMS members.
5. As required by rule, the Chair reviewed the guidelines for inclusion of transgender athletes in USMS competition. While there are ongoing developments with respect to gender identity and inclusion in swimming and other sports, there are no recommended changes to the current policy. However, the review did identify a need to include and better define gender and gender identity in the USMS rules and regulations. The review also suggested amending the current equal opportunity statement to explicitly include “gender identity”, ensuring that all USMS members receive the same rights and privileges of membership, regardless of differences in gender identity.
6. The committee drafted a proposal to implement time verification (“proof of entry time”) processes at USMS national championships. After consultation with the USMS Championship Committee, the committee determined that the proposal for time verification should not be submitted in 2020 due to potential short-term impacts on participation at national championships from Covid-19 shutdowns.

### **Action Items**

7. Submit proposed amendments to the House of Delegates and prepare the final report for updates to the 2021 USMS Rules and Regulations following actions by the House of Delegates.
8. Support the editorial process for publication of the 2021 USMS Rules and Regulations.

### **Agenda**

1. Review of proposed amendments to part one and the USMS glossary. Motions to reconsider are in order if additional work is required in committee meetings held in conjunction with the USMS annual meeting.
2. Discussion of potential projects and housekeeping items for future amendment cycles.

**[Meeting #1: Monday, August 31, 8:00-9:00pm, ZOOM Virtual Meeting](#)**

**[Meeting #2: Tuesday, September 15, 8:00-9:0pm, ZOOM Virtual Webinar](#)**

**[Meeting #3: Saturday, September 26, 4:45-5:45om, ZOOM Virtual Meeting](#)**

## Sports Medicine and Science

---

### Committee Members

Christopher Rieder, Jane Moore, Vice Chair

Meg Carlson, Arlette Godges, Kris Goodrich, Clare Kubiak, Melodee Nugent (Liegle), Jim Miller, Aaron Schneider, Jessica Seaton, Robin Tracy, Rich Williams

Ex Officio: Daniel Paulling

### Introduction

This is another Committee that started slowly but is now picking up speed. The primary hurdle at the start was that the Committee Chair had received a significant promotion at her job. It came with a much bigger set of responsibilities, so the slow start this year was a matter of personal bandwidth. She had to pull back her level of engagement for the time being, and Vice Chair Chris Rieder was elevated to the Chairmanship. Jane Moore assumed the duties of Vice Chair. As with the Fitness Education Committee, the development of a Committee Statement of Goals and Purpose worked wonders for clarifying Committee focus and instilling a further level of process discipline. This Committee now has traction and is positioned to serve the needs of the USMS Community better.

### Discussions and Projects Since Last Annual Meeting

1. Generation of Committee Mission and Vision statements
2. Establishment of a pool of qualified medically trained volunteer reviewers who can vet publications and information generated and put forth by the Committee. These volunteers, all USMS members, come from various medically relevant professional walks of life.
  - a. Our first article for publication, Training at 60 and Beyond, by Dr. Jim Miller, has been published in SwimLanes
  - b. The second article Hydration in the Older Swimmer is by Jennifer Thayer and Dr. Mark Yoder is passing through the review cycle.

### Action Items

1. Revitalization of the Sports Medicine Communication Blog, in partnership with the National Office
  - a. Investigation of frequency of use
  - b. Examination of best web applications and platforms
2. Developing more and forwarding additional relevant articles for publication

## USMS Committee Reports and Agendas

---

### Agenda

#### Current Subcommittee Projects:

- Sports Medicine Communication
  - The new communication will be using the National Offices communication device “STREAMLINES.” The first article, a kickoff, focused on swimming over the age of 60. The article was authored by Dr. Miller with great feedback and interest. The next article will cover nutrition over 60 and in particular hydration. This will be authored by Jennifer Thayer a registered dietician and a member of our Peer review committee. (see article in Appendix A) (See appendix B)
- Annual Meeting Presentation
  - Further communication will be forthcoming.
- Nationals Booth staffing
  - The Topic is pending further guidance from the Board of Directors and National office regarding National meets.

**[Meeting #1: Wednesday, September 2, 8:00-9:00pm, ZOOM Virtual Meeting](#)**